

EASTBOUND/SOUTHBOUND

	WHEEL TURN TIME	END STATION DWELL TIME	COMPOSITE LINK TIME	WTT ROUNDED TIME ALLOWANCE	RECOVERY ALLOWANCE	END INTERLOCK -ING SIGNALLING MODE	NOTES
Stanmore- Canons Park	115	20 0645 0845 24	135 0645 0845 139	135	RT 0645 0845 -4	Held to Time	Worst case departure ex Pfm 1. Ex Stanmore: RT 0645 0845 -4 Ex Stanmore Sidings Recep Rd: 120
Canons Park- Queensbury	112	18 0600 0645 20 0645 0845 23 0845 2000 20	130 0600 0645 132 0645 0845 135 0845 2000 132	120	-10 0600 0645 -12 0645 0845 -15 0845 2000 -12	Held to Time	Ex Stanmore: -10 0600 0645 -12 0645 0845 -19 0845 2000 -12
Queensbury- Kingsbury	94	23 0700 0845 25	117 0700 0845 119	120	+3 0700 0845 +1	Held to Time	Ex Stanmore: -7 0600 0645 -9 0645 0700 -16 0700 0845 -18 0845 2000 -9

Kingsbury- Wembley Park	187	30	217	225 0645 0845 240	+8 0645 0845 +23	Held to Time	Ex Stanmore: +1 0600 0645 -1 0645 0700 +7 0700 0845 +5 0845 2000 -1 Additionally, all trains will be booked an additional 'a' stand (30") at Wembley Park for crew relief. When the service frequency exceeds 24 trains per hour then there should be no crew reliefs. Due to above all trains depart on time
Wembley Park- Neasden	136	22	158	150	-8	Held to time	Ex Wembley Park: -8
Neasden- Dollis Hill	74	22	96	90	-6	Held to Time	Ex Wembley Park: -14

Dollis Hill- Willesden Green	92	25 0715 0800 30 0800 0845 31 0845 1015 30	117 0715 0800 122 0800 0845 123 0845 1015 122	135	+18 0715 0800+13 0800 0845+12 0845 1015+13	Held to time	Ex Wembley Park: +4 0715 0800 -1 0800 0845 -2 0845 1015 -1
Willesden Green- Kilburn	90	22 0645 0745 26 0745 0900 28 0900 1000 26 1645 1845 24	112 0645 0745 116 0745 0900 118 0900 1000 116 1645 1845 114	105	-7 0645 0745 -11 0745 0900 -13 0900 1000 -11 1645 1845 -9	Held to Time	Ex Wembley Park: -7 0645 0715 -11 0715 0745 -12 0745 0800 -14 0800 0845 -15 0845 0900 -14 0900 1000 -12 1000 1015 -8 1645 1845 -9
Kilburn-West Hampstead	86	25 0730 0800 32 0800 0915 34 0915 0945 27 1730 1845 27 1845 COT 22	111 0730 0800 118 0800 0915 120 0915 0945 113 1730 1845 113 1845 COT 108	120 0730 0915 135	+9 0730 0800+17 0800 0915+15 0915 0945 +7 1730 1845 +7 1845 COT+12	Held to Time	Ex Wembley Park: +2 0645 0715 -2 0715 0730 -3 0730 0745 +5 0745 0800 +3 0800 0845 RT 0845 0900 +1 0900 0915 +3 0915 0945 -5 0945 1000 -3 1000 1015 +1 1645 1730 RT

							1730 1845 -2 1845 COT +5
West Hampstead-Finchley Road	63	27 0615 0700 29 0700 0730 32 0730 0800 37 0800 0845 41 0845 0915 37 0915 0945 35 0945 1015 33 1015 1100 31 1700 1815 30	90 0615 0700 92 0700 0730 95 0730 0800 100 0800 0845 104 0845 0915 100 0915 0945 98 0945 1015 96 1015 1100 94 1700 1815 93	90	RT 0615 0700 -2 0700 0730 -5 0730 0800 -10 0800 0845 -14 0845 0915 -10 0915 0945 -8 0945 1015 -6 1015 1100 -4 1700 1815 -3	Held to Time	Ex Wembley Park: RT 0615 0645 -2 0645 0700 -4 0700 0715 -7 0715 0730 -8 0730 0800 -10 0800 0845 -14 0845 0915 -10 0915 0945 -13 0945 1000 -9 1000 1015 -6 1015 1100 -4 1700 1730 -3 1730 1815 -5 1815 1845 -2
Finchley Road-Swiss Cottage	56	21 0645 0945 25	77 0645 0945 81	75	-2 0645 0800 -6 0800 0900 +9 0900 0945 -6	Held to Time	Ex Wembley Park: -2 0615 0645 -4 0645 0700 -10 0700 0715 -13 0715 0730 -14 0730 0800 -16 0800 0845 -20 0845 0900 -16 0900 0915 -16 0915 0945 -19

							0945 1000 -11 1000 1015 -8 1015 1100 -6 1700 1730 -5 1730 1815 -7 1815 1845 -4
Swiss Cottage-St. John's Wood	78	23 0745 0815 26 0815 0845 29 0845 0930 26	101 0745 0815 104 0815 0845 107 0845 0930 104	90 0700 0945 105	-11 0700 0745 +4 0745 0815 +1 0815 0845 -2 0845 0930 +1 0930 0945 +4	Held to Time	Ex Wembley Park: -13 0615 0645 -15 0645 0700 -21 0700 0715 -9 0715 0730 -10 0730 0745 -12 0745 0800 -15 0800 0815 -19 0815 0845 -22 0845 0900 -15 0900 0915 -15 0915 0930 -18 0930 0945 -15 0945 1000 -22 1000 1015 -19 1015 1100 -17 1700 1730 -16 1730 1815 -18 1815 1845 -15

St. John's Wood-Baker Street	125	29 0645 0715 31 0715 0745 35 0745 0830 39 0830 0900 46 0900 0930 37 0930 1000 33 1000 1030 31 1700 1845 31	154 0645 0715 156 0715 0745 160 0745 0830 164 0830 0900 171 0900 0930 162 0930 1000 158 1000 1030 156 1700 1845 156	165 180 0800 0900	+11 0645 0715 +9 0715 0745 +5 0745 0800 +1 0800 0830 +16 0830 0900 +9 0900 0930 +3 0930 1000 +7 1000 1030 +9 1700 1845 +9	Held to Time	Ex Wembley Park: -2 0615 0645 -4 0645 0700 -12 0700 0715 RT 0715 0730 -5 0730 0745 -7 0745 0800 -14 0800 0815 -3 0815 0830 -6 0830 0845 -13 0845 0900 -6 0900 0915 -12 0915 0930 -15 0930 0945 -8 0945 1000 -15 1000 1015 -10 1015 1030 -8 1030 1100 -6 1700 1730 -7 1730 1815 -9 1815 1845 -6
Baker Street- Bond Street	119	28 0700 0730 30 0730 0800 33 0800 0830 37 0830 0900 45 0900 0930	147 0700 0730 149 0730 0800 152 0800 0830 156 0830 0900 164 0900 0930	150 0830 0930 165	+3 0700 0730 +1 0730 0800 -2 0800 0830 -6 0830 0900 +1 0900 0930 +9 0930 0945 -3 0945 1530 +1 1530 1630 RT	Held to Time	Ex Wembley Park: +1 0615 0645 -1 0645 0700 -9 0700 0715 +1 0715 0730 -4 0730 0745 -9 0745 0800 -16 0800 0815 -9

		37 0930 0945 34 0945 1530 30 1530 1630 31 1630 1700 33 1700 1815 35 1815 1845 33 1845 1930 31 1930 2015 29	156 0930 0945 153 0945 1530 149 1530 1630 150 1630 1700 152 1700 1815 154 1815 1845 152 1845 1930 150 1930 2015 148		1630 1700 -2 1700 1815 -4 1815 1845 -2 1845 1930 RT 1930 2015 +2		0815 0845 -12 0845 0900 -5 0900 0915 -3 0915 0930 -6 0930 0945 -11 0945 1000 -14 1000 1015 -9 1015 1030 -7 1030 1100 -5 1100 1530 -1 1530 1630 -2 1630 1700 -4 1700 1730 -11 1730 1815 -13 1815 1845 -8 1845 1930 -2 1930 2015 RT
Bond Street- Green Park	85	25 0545 0700 28 0700 0730 31 0730 0800 34 0800 0830 37 0830 0900 40 0900 0945 35 0945 1045 32 1045 1430 30	110 0545 0700 113 0700 0730 116 0730 0800 119 0800 0830 122 0830 0900 125 0900 0945 120 0945 1045 117 1045 1430 115	105 0730 1000 120 1700 1845 120	-5 0545 0700 -8 0700 0730 -11 0730 0800 +1 0800 0830 -2 0830 0900 -5 0900 0945 RT 0945 1000 +3 1000 1045 -12 1045 1430 -10 1430 1500 -12 1500 1545 -14 1545 1700 -16 1700 1715 -1 1715 1845 -3 1845 1900 -16	Held to Time	Ex Wembley Park: -5 0545 0615 -8 0615 0645 -9 0645 0700 -17 0700 0715 -11 0715 0730 -15 0730 0745 -8 0745 0800 -15 0800 0815 -11 0815 0830 -14 0830 0845 -17 0845 0900 -10 0900 0915 -3 0915 0930 -6 0930 1000 -11 1000 1015 -21

		1430 1500 32 1500 1545 34 1545 1715 36 1715 1845 38 1845 1915 36 1915 1930 34 1930 2015 31 2015 2400 28	1430 1500 117 1500 1545 119 1545 1715 121 1715 1845 123 1845 1915 121 1915 1930 119 1930 2015 116 2015 2400 113		1900 1915 -16 1915 1930 -14 1930 2015 -11 2015 2400 -8		1015 1030 -19 1030 1045 -17 1045 1100 -15 1100 1430 -11 1430 1500 -13 1500 1530 -15 1530 1545 -16 1545 1630 -18 1630 1700 -20 1700 1715 -12 1715 1730 -14 1730 1815 -16 1815 1845 -11 1845 1900 -18 1900 1915 -18 1915 1930 -16 1930 2015 -11 2015 2400 -8
Green Park- Westminster	99	27 0700 0745 32 0745 0815 35 0815 0945 38 0945 1015 33 1015 1045 31 1045 1500 29 1500 1715 33	126 0700 0745 131 0745 0815 134 0815 0945 137 0945 1015 132 1015 1045 130 1045 1500 128 1500 1715 132	120 0615 2015 135	-6 0615 0700 +9 0700 0745 +4 0745 0815 +1 0815 0945 -2 0945 1015 +3 1015 1045 +5 1045 1500 +7 1500 1715 +3 1715 1845 RT 1845 1930 +2 1930 1945 +5 1945 2015 +7 2015 2200 -8	Held to Time	Ex Wembley Park: -11 0545 0615 -14 0615 0645 RT 0645 0700 -8 0700 0715 -10 0715 0730 -11 0730 0745 -4 0745 0800 -14 0800 0815 -10 0815 0830 -16 0830 0845 -19 0845 0900 -12 0900 0915 -5 0915 0930 -8 0930 0945 -13

		1715 1845 36 1845 1930 34 1930 1945 31 1945 2200 29	1715 1845 135 1845 1930 133 1930 1945 130 1945 2200 128				0945 1000 -8 1000 1015 -18 1015 1030 -14 1030 1045 -12 1045 1100 -8 1100 1430 -4 1430 1500 -6 1500 1530 -12 1530 1545 -13 1545 1630 -15 1630 1700 -17 1700 1715 -9 1715 1730 -14 1730 1815 -16 1815 1845 -11 1845 1915 -16 1915 1930 -14 1930 1945 -6 1945 2015 -4 2015 2200 -16 2200 2400 -14
Westminster- Waterloo	69	30 0600 0700 32 0700 0730 35 0730 0800 37 0800 0900 39 0900 1000 34 1500 1545	99 0600 0700 101 0700 0730 104 0730 0800 106 0800 0900 108 0900 1000 103 1500 1545	105 0830 0900 120	+6 0600 0700 +4 0700 0730 +1 0730 0800 -1 0800 0830 -3 0830 0900 +12 0900 1000 +2 1500 1545 +4 1545 1630 +2 1630 1715 -1 1715 1900 -2	Held to Time	Ex Wembley Park: -5 0545 0600 -8 0600 0615 -10 0615 0645 +4 0645 0700 -4 0700 0715 -9 0715 0730 -10 0730 0745 -5 0745 0800 -15 0800 0815 -13 0815 0830 -19 0830 0845 -7

		32 1545 1630 34 1630 1715 37 1715 1900 38 1900 2000 34 2000 2100 31 2100 COT 27	101 1545 1630 103 1630 1715 106 1715 1900 107 1900 2000 103 2000 2100 100 2100 COT 96		1900 2000 +2 2000 2100 +5 2100 COT +9		0845 0900 RT 0900 0915 -3 0915 0930 -6 0930 0945 -11 0945 1000 -6 1000 1015 -12 1015 1030 -8 1030 1045 -6 1045 1100 -2 1100 1430 +2 1430 1500 RT 1500 1530 -8 1530 1545 -9 1545 1630 -13 1630 1700 -18 1700 1715 -10 1715 1730 -16 1730 1815 -18 1815 1845 -13 1845 1900 -18 1900 1915 -14 1915 1930 -12 1930 1945 -4 1945 2000 -2 2000 2015 +1 2015 2100 -11 2100 2200 -7 2200 2400 -5 2400 COT -2
Waterloo-Southwark	44	22 0645 0800 26 0800 0830 29	66 0645 0800 70 0800 0830 73	60 0645 1000 75 1545 1930	-6 0645 0800 +5 0800 0830 +2 0830 0900 -3 0900 0915 +1	Held to Time	Ex Wembley Park: -11 0545 0600 -14 0600 0615 -16 0615 0645 -6

		0830 0900 34 0900 0915 30 0915 1000 29 1000 1545 24 1545 1615 26 1615 1715 27 1715 1815 30 1815 1845 32 1845 1915 29 1915 1930 27 1930 2000 25	0830 0900 78 0900 0915 74 0915 1000 73 1000 1545 68 1545 1615 70 1615 1715 71 1715 1815 74 1815 1845 76 1845 1915 73 1915 1930 71 1930 2000 69	75	0915 1000 +2 1000 1545 -8 1545 1615 +5 1615 1715 +4 1715 1815 +1 1815 1845 -1 1845 1915 +2 1915 1930 +4 1930 2000 -9		0645 0700 +1 0700 0715 -4 0715 0730 -5 0730 0745 RT 0745 0800 -10 0800 0815 -11 0815 0830 -17 0830 0845 -10 0845 0900 -3 0900 0915 -2 0915 0930 -4 0930 0945 -9 0945 1000 -4 1000 1015 -20 1015 1030 -16 1030 1045 -14 1045 1100 -10 1100 1430 -8 1430 1500 -6 1500 1530 -16 1530 1545 -17 1545 1615 -8 1615 1630 -9 1630 1700 -14 1700 1715 -6 1715 1730 -15 1730 1815 -17 1815 1845 -14 1845 1900 -16 1900 1915 -12 1915 1930 -8 1930 1945 -13 1945 2000 -11 2000 2015 -6 2015 2100 -17
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							2100 2200 -13 2200 2400 -11 2400 COT -8
Southwark- London Bridge	84	30 0630 0730 34 0730 0800 38 0800 0900 46 0900 0930 42 0930 0945 36 0945 1015 33 1015 1045 32 1515 1545 32 1545 1630 34 1630 1715 37 1715 1745 41 1745 1815 43 1815 1900 42 1900 1945 35 1945 2015 33	114 0630 0730 118 0730 0800 122 0800 0900 130 0900 0930 126 0930 0945 120 0945 1015 117 1015 1045 116 1515 1545 116 1545 1630 118 1630 1715 121 1715 1745 125 1745 1815 127 1815 1900 126 1900 1945 119 1945 2015 117	120 0745 0900 135	+6 0630 0730 +2 0730 0745 -2 0745 0800 +13 0800 0900 +5 0900 0930 -6 0930 0945 RT 0945 1015 +3 1015 1045 +4 1515 1545 +4 1545 1630 +2 1630 1715 -1 1715 1730 -5 1745 1815 -7 1815 1900 -6 1900 1945 +1 1945 2015 +3 2045 COT +9	Held to Time	Ex Wembley Park: -5 0545 0600 -8 0600 0615 -10 0615 0630 RT 0630 0645 -4 0645 0700 +2 0700 0715 -2 0715 0730 -3 0730 0745 -2 0745 0800 +3 0800 0815 -6 0815 0830 -12 0830 0845 -5 0845 0900 +2 0900 0915 -8 0915 0930 -10 0930 0945 -9 0945 1000 -1 1000 1015 -17 1015 1030 -12 1030 1045 -10 1045 1100 -4 1100 1430 -2 1430 1500 RT 1500 1515 -10 1515 1530 -12 1530 1545 -13 1545 1615 -6 1615 1630 -7 1630 1700 -15

		2045 COT 27	2045 COT 111				1700 1715 -7 1715 1730 -20 1730 1745 -22 1745 1815 -24 1815 1845 -20 1845 1900 -22 1900 1915 -11 1915 1930 -7 1930 1945 -12 1945 2000 -8 2000 2015 -3 2015 2045 -11 2045 2100 -8 2100 2200 -4 2200 2400 -2 2400 COT +1
London Bridge- Bermondsey	113	23 0730 0830 26 0830 0900 28 0900 1000 24 1545 1645 25 1645 1715 27 1715 1815 30 1815 1900 28 1900 1945 26 1945 2045	136 0730 0830 139 0830 0900 141 0900 1000 137 1545 1645 138 1645 1715 140 1715 1815 143 1815 1900 141 1900 1945 139 1945 2045	135 1715 1900 150	-1 0730 0830 -4 0830 0900 -6 0900 1000 -2 1545 1645 -3 1645 1715 -5 1715 1815 +7 1815 1900 +9 1900 1945 -4 1945 2045 -2	Held to Time	Ex Wembley Park: -6 0545 0600 -9 0600 0615 -11 0615 0630 -7 0630 0645 -5 0645 0700 -1 0700 0715 -3 0715 0730 -4 0730 0745 -6 0745 0800 -4 0800 0815 -10 0815 0830 -16 0830 0845 -11 0845 0900 -6 0900 0915 -10 0915 0930 -12 0930 0945 -11 0945 1000 -3

		24	137				1000 1015 -18 1015 1030 -13 1030 1045 -11 1045 1100 -5 1100 1430 -3 1430 1500 -1 1500 1515 -11 1515 1530 -13 1530 1545 -14 1545 1615 -9 1615 1630 -10 1630 1645 -18 1645 1700 -20 1700 1715 -12 1715 1730 -13 1730 1745 -15 1745 1815 -17 1815 1845 -11 1845 1900 -13 1900 1915 -15 1915 1930 -11 1930 1945 -16 1945 2000 -10 2000 2015 -5 2015 2045 -13 2045 2100 -9 2100 2200 -5 2200 2400 -3 2400 COT -1
Bermondsey- Canada Water	73	28 0645 0745 31 0745 0830 36	101 0645 0745 104 0745 0830 109	105 0800 0930 120	+4 0645 0745 +1 0745 0800 -4 0800 0830 +11	Held to Time	Ex Wembley Park: -2 0545 0600 -5 0600 0615 -7 0615 0630 -3

		0830 0900 39 0900 0930 33 0930 1000 30 1515 1615 30 1615 1700 31 1700 1730 34 1730 1800 35 1800 1830 36 1830 1900 34 1900 1945 31 1945 2100 29	0830 0900 112 0900 0930 106 0930 1000 103 1515 1615 103 1615 1700 104 1700 1730 107 1730 1800 108 1800 1830 109 1830 1900 107 1900 1945 104 1945 2100 102	1730 1815 120	0830 0900 +8 0900 0930 +14 0930 1000 +2 1515 1615 +2 1615 1700 +1 1700 1730 -2 1730 1800 +12 1800 1815 +11 1815 1830 -4 1830 1900 -2 1900 1945 +1 1945 2100 +3		0630 0645 -1 0645 0700 RT 0700 0715 -2 0715 0730 -3 0730 0745 -5 0745 0800 -8 0800 0815 +1 0815 0830 -5 0830 0845 -3 0845 0900 +2 0900 0915 +4 0915 0930 +2 0930 0945 -9 0945 1000 -1 1000 1015 -14 1015 1030 -9 1030 1045 -7 1045 1100 -1 1100 1430 +1 1430 1500 +4 1500 1515 -7 1515 1530 -11 1530 1545 -12 1545 1615 -7 1615 1630 -9 1630 1645 -17 1645 1700 -19 1700 1715 -14 1715 1730 -15 1730 1745 -3 1745 1800 -5 1800 1815 -6 1815 1830 -15 1830 1845 -13 1845 1900 -15
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							1900 1915 -14 1915 1930 -10 1930 1945 -15 1945 2000 -7 2000 2015 -2 2015 2045 -10 2045 2100 -6 2100 2200 -1 2200 2400 +1 2400 COT +3
Canada Water- Canary Wharf	125	25 0600 0630 27 0630 0700 33 0700 0730 37 0730 0800 40 0800 0815 44 0815 0915 47 0915 0930 44 0930 1000 40 1000 1030 37 1030 1100 33 1100 1130 30 1130 1600 27	150 0600 0630 152 0630 0700 158 0700 0730 162 0730 0800 165 0800 0815 169 0815 0915 172 0915 0930 169 0930 1000 165 1000 1030 162 1030 1100 158 1100 1130 155 1130 1600 152	150 0730 1030 165 1630 1945 165	RT 0600 0630 -2 0630 0700 -8 0700 0730 -12 0730 0800 RT 0800 0815 -4 0815 0915 -7 0915 0930 -4 0930 1000 RT 1000 1030 +3 1030 1100 -8 1100 1130 -5 1130 1600 -2 1600 1630 -4 1630 1700 +11 1700 1730 +5 1730 1815 +2 1815 1900 +5 1900 1945 +11 1945 2100 -2	Held to Time	Ex Wembley Park: -2 0545 0600 -5 0600 0615 -9 0615 0630 -5 0630 0645 -9 0645 0700 -8 0700 0715 -14 0715 0730 -15 0730 0745 -5 0745 0800 -8 0800 0815 -4 0815 0830 -12 0830 0845 -10 0845 0900 -7 0900 0915 -7 0915 0930 -4 0930 0945 -9 0945 1000 -1 1000 1015 -11 1015 1030 -6 1030 1045 -15 1045 1100 -9 1100 1130 -5 1130 1430 -2

		1600 1700 29 1700 1730 35 1730 1815 38 1815 1900 35 1900 1945 29 1945 2100 27	1600 1700 154 1700 1730 160 1730 1815 163 1815 1900 160 1900 1945 154 1945 2100 152				1430 1500 -2 1500 1515 -9 1515 1530 -13 1530 1545 -14 1545 1600 -9 1600 1615 -11 1615 1630 -13 1630 1645 -6 1645 1700 -8 1700 1715 -9 1715 1730 -10 1730 1745 -1 1745 1800 -3 1800 1815 -4 1815 1830 -10 1830 1845 -8 1845 1900 -10 1900 1915 -3 1915 1930 +1 1930 1945 -4 1945 2000 -9 2000 2015 -4 2015 2045 -12 2045 2100 -8 2100 2200 -1 2200 COT RT
Canary Wharf-North Greenwich	101 113 into middle platform	25 0730 0930 27 1600 1700 29 1700 1900 32	126 0730 0930 128 1600 1700 130 1700 1900 133	Through Trains: 120 0545 2400 135 Late night dwells	Through Trains: -6 0545 0730 +9 0730 0930 +7 0930 1600 +9 1600 1700 +5	Held to Time	Ex Wembley Park: Through trains: -8 No Crew Relief Stands

		1900 2000 27	1900 2000 128	- as this is for O2 events RT left unaltered trains must stand for at least 15 seconds during this period. 2245- 2330 IT 31/12/2010 Terminating Trains: 120	1700 1900 +2 1900 1945 +7 1945 2000 +7 2000 2400 +9 Terminating Trains: +7		0545 0600 +4 0600 0615 RT 0615 0630 +4 0630 0645 RT 0645 0700 +1 0700 0715 -5 0715 0730 -6 0730 0745 +2 0745 0800 -1 0800 0815 +3 0815 0830 -5 0830 0845 -3 0845 0900 RT 0900 0915 RT 0915 0930 +3 0930 0945 RT 0945 1000 +8 1000 1015 -2 1015 1030 +3 1030 1045 -6 1045 1100 RT 1100 1130 +4 1130 1430 +7 1430 1500 +7 1500 1515 RT 1515 1530 -4 1530 1545 -5 1545 1600 RT 1600 1615 -6 1615 1630 -8 1630 1645 -1 1645 1700 -3 1700 1715 -7 1715 1730 -8 1730 1745 +1
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							1745 1800 -1 1800 1815 -2 1815 1830 -8 1830 1845 -6 1845 1900 -8 1900 1915 +4 1915 1930 +7 1930 1945 +3 1945 2000 -2 2000 2015 +5 2015 2045 -3 2045 2100 +1 2100 2200 +8 2200 2400 +9 2400 COT -6 Terminating Trains: +5 0545 0600 +2 0600 0615 -2 0615 0630 -3 0630 0645 -2 0645 0700 -1 0700 0715 -3 0715 0730 -8 0730 0745 +2 0745 0800 -1 0800 0815 +3 0815 0830 -5 0830 0845 -3 0845 0900 RT 0900 0915 RT 0915 0930 +3 0930 0945 -2 0945 1000 +6
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							1000 1015 -4 1015 1030 +1 1030 1045 -8 1045 1100 -2 1100 1130 +2 1130 1430 +5 1430 1500 +5 1500 1515 -2 1515 1530 -6 1530 1545 -7 1545 1600 -2 1600 1615 -4 1615 1630 -6 1630 1645 +1 1645 1700 -1 1700 1715 -2 1715 1730 -3 1730 1745 +6 1745 1800 +4 1800 1815 +3 1815 1830 -3 1830 1845 -1 1845 1900 -3 1900 1915 +4 1915 1930 +7 1930 1945 +3 1945 2000 -2 2000 2015 +3 2015 2045 -5 2045 2100 -1 2100 2200 +21 2200 2400 +22 2400 COT +7
North Greenwich-	121	25	146	150	+4	Held to Time	Ex Wembley Park: -4

Canning Town	Ex Middle PFM?	0730 0930 29 1530 1600 28 1600 1630 31 1630 1700 34 1700 1845 37 1845 1945 34 1945 2030 30 2030 2100 27	0730 0930 150 1530 1600 149 1600 1630 152 1630 1700 155 1700 1845 158 1845 1945 155 1945 2030 151 2030 2100 148		0730 0930 RT 1530 1600 +1 1600 1630 -2 1630 1700 -5 1700 1730 -8 1730 1845 -8 1845 1945 -5 1945 2030 -1 2030 2100 +2		0545 0615 +4 0615 0630 +3 0630 0700 -7 0700 0715 -1 0715 0730 -2 0730 0745 RT 0745 0800 -1 0800 0815 -11 0815 0830 -8 0830 0845 -3 0845 0900 RT 0900 0915 -11 0915 0930 -10 0930 0945 +4 0945 1000 -3 1000 1015 +2 1015 1030 +4 1030 1045 -2 1045 1430 +4 1430 1500 -3 1500 1515 +4 1515 1530 RT 1530 1545 -4 1545 1600 +1 1600 1615 -8 1615 1630 -10 1630 1645 -6 1645 1700 -8 1700 1715 -15 1715 1730 -16 1730 1745 -8 1745 1800 -9 1800 1815 -10 1815 1830 -16
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							1830 1845 -14 1845 1900 -13 1900 1945 -5 1945 2000 -3 2000 2015 -1 2015 2030 -4 2030 2045 -1 2045 2100 +2 2100 2400 +4 2400 COT -2 All trains departing from NOG middle platform will be allowed an additional 15 seconds (No Data, but unlikely to change).
Canning Town-West Ham	110	31 0745 0915 34 1645 1830 34	141 0745 0915 144 1645 1830 144	135 0630 0930 150 1600 1945 150	-6 0630 0745 +9 0745 0915 +6 0915 0930 +9 1600 1645 +9 1645 1830 +6 1830 1945 +9	Held to Time	Ex Wembley Park: -10 0545 0630 -6 0630 0700 +2 0700 0715 +8 0715 0730 +7 0730 0745 +9 0745 0800 +5 0800 0815 -5 0815 0830 -2 0830 0845 +3 0845 0900 +6 0900 0915 -5

							0915 0930 -1 0930 0945 -6 0945 1000 -9 1000 1015 -6 1015 1030 -6 1030 1045 -8 1045 1430 -6 1430 1500 -6 1500 1530 -6 1530 1545 -10 1545 1600 -6 1600 1615 +1 1615 1630 -1 1630 1645 +3 1645 1700 -2 1700 1715 -9 1715 1730 -10 1730 1745 -2 1745 1800 -3 1800 1815 -4 1815 1830 -10 1830 1845 -5 1845 1900 -4 1900 1945 +4 1945 2000 -9 2000 2015 -7 2015 2030 -10 2030 2045 -7 2045 2400 -6 2400 COT -8
West Ham-Stratford	151		151	165 During all off-peak periods, this is	+14	Terminus	Ex Wembley Park: +4 0545 0615 +8 0615 0630 +8

				<p>increased to 195 to allow for calls at Stratford Market Depot Staff Platform</p> <p>OP time of 195 allows 15 secs for stopping and 15 secs dwell.</p>			<p>0630 0645 +14 0645 0700 +14 0700 0715 +14 0715 0730 +14 0730 0745 +14 0745 0800 +14 0800 0815 +9 0815 0830 +12 0830 0845 +14 0845 0900 +14 0900 0915 +9 0915 0930 +13 0930 0945 +8 0945 1000 +5 1000 1015 +8 1015 1030 +8 1030 1045 +6 1045 1430 +8</p> <p>1430 1500 +8 1500 1515 +8 1515 1530 +8 1530 1545 +4 1545 1600 +8 1600 1615 +14 1615 1630 +13 1630 1645 +14 1645 1700 +12 1700 1715 +5 1715 1730 +4 1730 1745 +12 1745 1800 +11 1800 1815 +10 1815 1830 +4 1830 1845 +9 1845 1900 +10</p>
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							1900 1945 +14 1945 2000 +5 2000 2015 +7 2015 2030 +4 2030 2045 +7 2045 2400 +8 2400 COT +6
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WESTBOUND/NORTHBOUND

LINK	WHEEL TURN TIME	END STATION DWELL TIME	COMPOSITE LINK TIME	WTT ROUNDED TIME ALLOWANCE	RECOVERY ALLOWANCE	END INTERLOCK -ING SIGNALLING MODE	NOTES
Stratford-West Ham	136	26 0600 0630 30 0630 0700 32 0700 0900 34 0900 0930 32 0930 1000 29 1545 1915 28	162 0600 0630 166 0630 0700 168 0700 0900 170 0900 0930 168 0930 1000 165 1545 1915 164	165	+3 0600 0630 -1 0630 0700 -3 0700 0900 -5 0900 0930 -3 0930 1000 RT 1545 1915 +1	Held to Time	Ex Stratford: +3 0600 0630 -1 0630 0700 -3 0700 0900 -5 0900 0930 -3 0930 1000 RT 1545 1915 +1 As variation is low, ex SMD trains are assumed to be the same
West Ham-Canning Town	105	27 0600 0630 31 0630 0700 32 0700 0900 35 0900 0930 33 0930 1000	132 0600 0630 136 0630 0700 137 0700 0900 140 0900 0930 138 0930 1000	135	+3 0600 0630 -1 0630 0700 -2 0700 0900 -5 0900 0930 -3 0930 1000 RT 1545 1915 +1	Held to Time	Ex Stratford: +3 0600 0630 -2 0630 0700 -5 0700 0900 -10 0900 0930 -6 0930 1000 RT 1545 1915 +1

		30 1545 1915 29	135 1545 1915 134				
Canning Town-North Greenwich	106	27 0700 0800 31 0800 0900 35 0900 0945 31 2230 2330** 44 2330 COT** 42	133 0700 0800 137 0800 0900 141 0900 0945 137 2230 2330** 150 2330 COT** 148	135 0700 0900 150 2230 COT 150** **As this is dwell for O2 events RT left un altered and additional dwell of at least 15 seconds (+) should be booked during this period, 2230-COT otherwise TBTC will delay train for no reason. IT 31/12/2010	+2 0700 0800 -2 0800 0900 +9 0900 0945 -2 2230 2330 RT 2330 COT +2	Held to Time	Ex Stratford: +2 0600 0630 RT 0630 0700 -3 0700 0800 +3 0800 0900 -1 0900 0930 -8 0930 0945 -2 0945 1000 +2 2230 2330 RT 2330 COT +2 No planned crew reliefs. All trains terminating middle platform will be allowed an additional 15 seconds wheel turn time. Rounded Time Allowance will therefore be 120secs. (-1)

North Greenwich- Canary Wharf	99 116 from middle platform	26	125	120	-5	Held to Time	Ex Stratford: -5
		0615 0645	0615 0645	0700 0930	0615 0645 -7		0600 0615 -5
		28	127	135	0645 0700 -9		0615 0630 -7
		0645 0700	0645 0700		0700 0745 +1		0630 0645 -10
		30	129	1700 1930	0745 0830 -4		0645 0700 -12
		0700 0745	0700 0745	135	0830 0900 -7		0700 0745 +1
		35	134		0900 0930 +1		0745 0800 -4
		0745 0830	0745 0830		0930 0945 -12		0800 0830 -5
		40	139		0945 1045 -10		0830 0900 -8
		0830 0900	0830 0900		1045 1515 -6		0900 0930 -7
		43	142				0930 0945 -14
		0900 0930	0900 0930		1515 1600 -11		0945 1045 -10
		35	134		1600 1615 -14		1045 1515 -6
		0930 0945	0930 0945		1615 1700 -17		
		33	132		1700 1745 -7		1515 1600 -11
		0945 1045	0945 1045		1745 1800 -9		1600 1615 -14
		31	130		1800 1830 -8		1615 1700 -17
		1045 1515	1045 1515		1830 1845 -7		1700 1745 -7
		27	126		1845 1900 -5		1745 1800 -9
					1900 1930 -1		1800 1830 -8
		1515 1600	1515 1600		1930 1945 -13		1830 1845 -7
		32	131		1945 2015 -11		1845 1900 -5
		1600 1615	1600 1615		2015 2100 -7		1900 1930 -1
		35	134		2100 2230 -6		1930 1945 -13
		1615 1700	1615 1700				1945 2015 -11
		38	137				2015 2100 -7
		1700 1745	1700 1745				2100 2230 -6
		43	142				
		1745 1800	1745 1800				Trains departing middle platform take 17" longer. Extra 15 seconds WTT
		45	144				
		1800 1830	1800 1830				
		44	143				
1830 1845	1830 1845						
43	142						

		1845 1900 41 1900 1930 37 1930 1945 34 1945 2015 32 2015 2100 28 2100 2230 27	1845 1900 140 1900 1930 136 1930 1945 133 1945 2015 131 2015 2100 127 2100 2230 126				Allowance – the 2 seconds variance is assumed to be adjusted by ATR.
Canary Wharf- Canada Water	128	25 0600 0615 28 0615 0630 29 0630 0700 30 0700 0800 33 0800 0815 36 0815 0900 37 0900 0945 31 0945 1000 30 1000 1100 27 1600 1715 28	153 0600 0615 156 0615 0630 157 0630 0700 158 0700 0800 161 0800 0815 164 0815 0900 165 0900 0945 159 0945 1000 158 1000 1100 155 1600 1715 156	150 0800 0900 165	-3 0600 0615 -6 0615 0630 -7 0630 0700 -8 0700 0800 -11 0800 0815 +1 0815 0900 RT 0900 0945 -9 0945 1000 -8 1000 1100 -5 1600 1715 -6 1715 1845 -10 1845 1900 -6 1900 2000 -4 2030 COT -2	Held to Time	Ex Stratford: -8 0600 0615 -11 0615 0630 -14 0630 0645 -18 0645 0700 -20 0700 0745 -11 0745 0800 -15 0800 0815 -4 0815 0830 -5 0830 0900 -8 0900 0930 -16 0930 0945 -23 0945 1000 -18 1000 1045 -15 1045 1100 -11 1100 1515 -9 1515 1600 -14 1600 1615 -20 1615 1700 -23 1700 1715 -13 1715 1745 -17

		1715 1845 32 1845 1900 28 1900 2000 26 2030 COT 24	1715 1845 160 1845 1900 156 1900 2000 154 2030 COT 152				1745 1800 -19 1800 1830 -18 1830 1845 -17 1845 1900 -11 1900 1930 -5 1930 1945 -17 1945 2000 -15 2000 2015 -14 2015 2030 -10 2030 2100 -9 2100 2230 -8 2230 COT -7
Canada Water- Bermondsey	71	25 0630 0700 26 0700 0715 28 0715 0745 30 0745 0815 33 0815 0900 35 0900 0930 29 0930 1100 26 1730 1930 29 1930 1945 26	96 0630 0700 97 0700 0715 99 0715 0745 101 0745 0815 104 0815 0900 106 0900 0930 100 0930 1100 97 1730 1930 100 1930 1945 97	105	+9 0630 0700 +8 0700 0715 +6 0715 0745 +4 0745 0815 +1 0815 0900 -1 0900 0930 +5 0930 1100 +8 1730 1930 +5 1930 1945 +8	Held to Time	Ex Stratford: +1 0600 0615 -2 0615 0630 -5 0630 0645 -10 0645 0700 -12 0700 0715 -5 0715 0745 -7 0745 0800 -14 0800 0815 -3 0815 0830 -6 0830 0900 -9 0900 0930 -11 0930 0945 -15 0945 1000 -10 1000 1045 -7 1045 1100 -3 1100 1515 RT 1515 1600 -5 1600 1615 -11 1615 1700 -14 1700 1715 -4

							1715 1730 -8 1730 1745 -12 1745 1800 -14 1800 1830 -13 1830 1845 -12 1845 1900 -6 1900 1930 RT 1930 1945 -9 1945 2000 -6 2000 2015 -5 2015 2030 -1 2030 2100 RT 2100 2230 +1 2230 COT +2
Bermondsey -London Bridge	108	31 SOT 0615 28 0615 0630 32 0630 0700 34 0700 0715 38 0715 0745 40 0745 0800 43 0800 0815 46 0815 0830 47 0830 0900 50 0900 0915	139 SOT 0615 136 0615 0630 140 0630 0700 142 0700 0715 146 0715 0745 148 0745 0800 151 0800 0815 154 0815 0830 155 0830 0900 158 0900 0915	135 0745 0945 150 1615 1900 150	-4 SOT 0615 -1 0615 0630 -5 0630 0700 -7 0700 0715 -11 0715 0745 -13 0745 0800 -1 0800 0815 -4 0815 0830 -5 0830 0900 -8 0900 0915 -1 0915 0930 RT 0930 0945 +2 0945 1015 -12 1015 1045 -7 1045 1145 -5 1545 1615 -7 1615 1700 +4 1700 1715 -2	Held to Time	Ex Stratford: -4 SOT 0600 -1 0600 0615 -3 0615 0630 -10 0630 0645 -17 0645 0700 -19 0700 0715 -16 0715 0745 -20 0745 0800 -15 0800 0815 -7 0815 0830 -11 0830 0900 -17 0900 0915 -12 0915 0930 -11 0930 0945 -13 0945 1000 -22 1000 1015 -19 1015 1045 -14 1045 1100 -8 1100 1145 -5

		43 0915 0930 42 0930 0945 40 0945 1015 39 1015 1045 34 1045 1145 32 1545 1615 34 1615 1700 38 1700 1715 44 1715 1730 47 1730 1815 48 1815 1845 47 1845 1900 40 1900 1930 37 1930 1945 33	151 0915 0930 150 0930 0945 148 0945 1015 147 1015 1045 142 1045 1145 140 1545 1615 142 1615 1700 146 1700 1715 152 1715 1730 155 1730 1815 156 1815 1845 155 1845 1900 148 1900 1930 145 1930 1945 141		1715 1730 -5 1730 1815 -6 1815 1845 -5 1845 1900 +2 1900 1930 -10 1930 1945 -6		1145 1515 -4 1515 1545 -9 1545 1600 -12 1600 1615 -18 1615 1700 -10 1700 1715 -6 1715 1730 -13 1730 1745 -18 1745 1800 -20 1800 1815 -19 1815 1830 -18 1830 1845 -17 1845 1900 -4 1900 1930 -10 1930 1945 -15 1945 2000 -10 2000 2015 -9 2015 2030 -5
London Bridge- Southwark	83	25 SOT 0630 23 0630 0800	108 SOT 0630 106 0630 0800	105 0830 0900 120	-3 SOT 0630 -1 0630 0800 -5 0800 0830 -7	Held to Time	Ex Stratford: -7 SOT 0600 -2 0600 0615 -4 0615 0630 -11

		27 0800 0830 29 0830 0900 32 0900 0930 29 0930 1015 27 1630 1700 28 1700 1845 32 1845 1930 28	110 0800 0830 112 0830 0900 115 0900 0930 112 0930 1015 110 1630 1700 111 1700 1845 115 1845 1930 111	1715 1845 120	0830 0900 +5 0900 0930 -7 0930 1015 -5 1630 1700 -6 1700 1715 -10 1715 1845 +5 1845 1930 -6		0630 0645 -22 0645 0700 -24 0700 0715 -21 0715 0745 -25 0745 0800 -20 0800 0815 -14 0815 0830 -18 0830 0900 -12 0900 0915 -19 0915 0930 -18 0930 0945 -18 0945 1000 -27 1000 1015 -24 1015 1045 -17 1045 1100 -11 1100 1145 -8 1145 1515 -7 1515 1545 -12 1545 1600 -15 1600 1615 -21 1615 1630 -13 1630 1700 -16 1700 1715 -16 1715 1730 -8 1730 1745 -13 1745 1800 -15 1800 1815 -14 1815 1830 -13 1830 1845 -12 1845 1900 -10 1900 1930 -16 1930 1945 -18 1945 2000 -13 2000 2015 -12 2015 2030 -8
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Waterloo- Westminster	70	31 0730 0745 33 0745 0800 35 0800 0845 38 0845 0945 34 0945 1015 33 1700 1715 33 1715 1730 35 1730 1900 36 1900 1915 35 1915 1930 34 2000 COT 28	101 0730 0745 103 0745 0800 105 0800 0845 108 0845 0945 104 0945 1015 103 1700 1715 103 1715 1730 105 1730 1900 106 1900 1915 105 1915 1930 104 2000 COT 98	105	+4 0615 0730 +4 0730 0745 +2 0745 0800 RT 0800 0845 -3 0845 0945 +1 0945 1015 +2 1015 1700 +4 1700 1715 +2 1715 1730 RT 1730 1900 -1 1900 1915 RT 1915 1930 +1 1930 2000 +4 2000 COT -8	Held to Time	Ex Stratford: -15 SOT 0600 +4 0600 0615 +3 0615 0630 -4 0630 0645 RT 0645 0700 -5 0700 0715 -2 0715 0730 -10 0730 0745 -12 0745 0800 -9 0800 0815 -10 0815 0830 -16 0830 0845 -10 0845 0900 -5 0900 0915 -8 0915 0930 -7 0930 0945 -5 0945 1000 -13 1000 1015 -7 1015 1045 -13 1045 1100 -7 1100 1115 -2 1115 1145 -1 1145 1515 RT 1515 1545 -7

							1545 1600 -11 1600 1615 -17 1615 1630 -9 1630 1700 -13 1700 1715 -17 1715 1730 -13 1730 1745 -19 1745 1800 -23 1800 1815 -22 1815 1830 -21 1830 1845 -20 1845 1900 -16 1900 1915 -17 1915 1930 -14 1930 1945 -12 1945 2000 -7 2000 2015 -18 2015 2030 -14 2030 COT -12
Westminster -Green Park	93	28 0630 0715 32 0715 0730 35 0730 0800 36 0800 0830 37 0830 0900 38 0900 0930 37 0930 1000	121 0630 0715 125 0715 0730 128 0730 0800 129 0800 0830 130 0830 0900 131 0900 0930 130 0930 1000	120 0715 1100 135 1545 1930 135	-1 0630 0715 -5 0715 0730 +7 0730 0800 +6 0800 0830 +5 0830 0900 +4 0900 0930 +5 0930 1000 +9 1000 1030+10 1030 1100+12 1100 1530 -3 1530 1545 -6 1545 1630 +9 1630 1645 +7	Held to Time	Ex Stratford: -1 SOT 0615 -1 0615 0645 -5 0645 0700 -10 0700 0715 -7 0715 0730 -3 0730 0745 -6 0745 0800 -3 0800 0815 -5 0815 0830 -11 0830 0845 -6 0845 0900 -1 0900 0915 -3 0915 0930 -2 0930 0945 +4

		33 1000 1030 32 1030 1530 30 1530 1630 33 1630 1645 35 1645 1700 36 1700 1715 39 1715 1830 41 1830 1845 39 1845 1900 37 1900 1915 35 1915 1930 33 1930 1945 31 1945 2045 29	126 1000 1030 125 1030 1530 123 1530 1630 126 1630 1645 128 1645 1700 129 1700 1715 132 1715 1830 134 1830 1845 132 1845 1900 130 1900 1915 128 1915 1930 126 1930 1945 124 1945 2045 122		1645 1700 +6 1700 1715 +3 1715 1830 +1 1830 1845 +3 1845 1900 +5 1900 1915 +7 1915 1930 +9 1930 1945 -4 1945 2045 -2		0945 1000 -4 1000 1015 +3 1015 1030 -7 1030 1045 -5 1045 1100 +5 1100 1115 -5 1115 1145 -4 1145 1515 -3 1515 1530 -10 1530 1545 -13 1545 1600 -2 1600 1615 -8 1615 1630 RT 1630 1645 -6 1645 1700 -7 1700 1715 -14 1715 1730 -12 1730 1745 -18 1745 1800 22 1800 1815 -21 1815 1830 -20 1830 1845 -17 1845 1900 -11 1900 1915 -10 1915 1930 -5 1930 1945 -16 1945 2000 -9 2000 2015 -20 2015 2030 -16 2030 2045 -14 2045 COT -13
Green Park- Bond Street	88	27 0715 0745 28	115 0715 0745 116	120 135 1730 1845	+5 0715 0745 +4 0745 0800 +1	Held to Time	Ex Stratford: +4 SOT 0615 +4 0615 0645 RT

		0745 0800 31 0800 0830 32 0830 0915 33 0915 0945 31 0945 1000 29 1000 1630 28 1630 1700 31 1700 1715 32 1715 1745 37 1745 1815 38 1815 1845 36 1845 1900 31 1900 1945 29 1945 2000 28 2000 COT 26	0745 0800 119 0800 0830 120 0830 0915 121 0915 0945 119 0945 1000 117 1000 1630 116 1630 1700 119 1700 1715 120 1715 1745 125 1745 1815 126 1815 1845 124 1845 1900 119 1900 1945 117 1945 2000 116 2000 COT 114		0800 0830 RT 0830 0915 -1 0915 0945 +1 0945 1000 +3 1000 1630 +4 1630 1700 +1 1700 1715 RT 1715 1730 -5 1730 1745+10 1745 1815 +9 1815 1845+11 1845 1900 +1 1900 1945 +3 1945 2000 +4 2000 COT+6		0645 0700 -5 0700 0715 -2 0715 0730 +1 0730 0745 -2 0745 0800 -2 0800 0815 -5 0815 0830 -11 0830 0845 -7 0845 0900 -2 0900 0915 -4 0915 0930 -1 0930 0945 +1 0945 1000 -1 1000 1015 +4 1015 1030 -3 1030 1045 -1 1045 1100 +4 1100 1115 -1 1115 1145 RT 1145 1515 +1 1515 1530 -6 1530 1545 -9 1545 1600 +2 1600 1615 -4 1615 1630 +4 1630 1645 -5 1645 1700 -6 1700 1715 -14 1715 1730 -17 1730 1745 -8 1745 1800 -13 1800 1815 -12 1815 1830 -9 1830 1845 -6 1845 1900 -10
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Bond Street- Baker Street	105	27 0630 1015 29 1015 1115 28 1515 1545 28 1545 1615 30 1615 1630 31 1630 1645 32 1645 1715 34 1715 1830 35 1830 1845 34 1845 1900 32 1900 2000 30 2000 2100 28	132 0630 1015 134 1015 1115 133 1515 1545 133 1545 1615 135 1615 1630 136 1630 1645 137 1645 1715 139 1715 1830 140 1830 1845 139 1845 1900 137 1900 2000 135 2000 2100 133	135	+3 0630 1015 +1 1015 1115 +2 1515 1545 +2 1545 1615 RT 1615 1630 -1 1630 1645 -2 1645 1715 -4 1715 1830 -5 1830 1845 -4 1845 1900 -2 1900 2000 RT 2000 2100 +2	Held to Time	Ex Stratford: +3 SOT 0630 +3 0630 0645 +1 0645 0700 -4 0700 0715 -1 0715 0730 +1 0730 0800 -1 0800 0815 -4 0815 0830 -10 0830 0845 -6 0845 0900 -1 0900 0915 -3 0915 0930 RT 0930 0945 +1 0945 1000 RT 1000 1015 +1 1015 1030 -1 1030 1045 +1 1045 1100 +2 1100 1115 +1 1115 1515 +3 1515 1530 -4 1530 1545 -7 1545 1600 +2 1600 1615 -4

							1615 1630 -1 1630 1645 -7 1645 1700 -10 1700 1715 -18 1715 1730 -22 1730 1745 -13 1745 1800 -18 1800 1815 -17 1815 1830 -14 1830 1845 -10 1845 1900 -12 1900 1915 -7 1915 1930 -2 1930 1945 -13 1945 2000 -5 2000 2015 -12 2015 2030 -8 2030 2045 -6 2045 2100 -5 2100 COT -4
Baker Street-St. John's Wood	151	22 1800 2030 25	173 1800 2030 176	165 0800 0845 180 1645 2030 180	-8 0800 0845 +7 1645 1800 +7 1800 2030 +4	Held to Time	Ex Stratford: -8 SOT 0645 -8 0645 0700 -12 0700 0715 -9 0715 0730 -8 0730 0800 -9 0800 0815 +3 0815 0830 -3 0830 0845 +1 0845 0900 -9 0900 0915 -11 0915 1515 -8 1515 1530 -12

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St. John's Wood-Swiss Cottage	74	22 0745 0930 24 1745 2030 24	96 0745 0930 98 1745 2030 98	105	+9 0745 0930 +7 1745 2030 +7	Held to Time	Ex Stratford: +1 SOT 0645 +1 0645 0700 -3 0700 0715 RT 0715 0730 +1 0730 0745 RT 0745 0800 -2 0800 0815 +7 0815 0830 +4 0830 0845 +7 0845 0900 -2 0900 0915 -4

							0915 0930 -1 0930 1015 +1 1015 1030 RT 1030 1515 +1 1515 1530 -3 1530 1545 -6 1545 1600 +1 1600 1615 -3 1615 1630 RT 1630 1645 -6 1645 1700 +6 1700 1715 -2 1715 1730 -6 1730 1745 +3 1745 1800 -4 1800 1815 -6 1815 1830 -3 1830 1845 +1 1845 1900 -1 1900 1915 +4 1915 1930 -6 1930 1945 -2 1945 2000 +6 2000 2015 -1 2015 2030 +3 2030 2045 -5 2045 2100 -4 2100 COT -3
Swiss Cottage-Finchley Road	59	26 1445 1500 28 1500 1530 30 1530 1545	85 1445 1500 87 1500 1530 89 1530 1545	75 1515 2100 90	-10 1445 1500 -12 1500 1515 -14 1515 1530 +1 1530 1545 -1 1545 1645 -3	Held to Time	Ex Stratford: -10 SOT 0645 -10 0645 0700 -13 0700 0745 -10 0745 0800 -12 0800 0845 -10

		32 1545 1645 34 1645 1900 36 1900 1945 35 1945 2000 34 2000 2030 31 2030 2100 30	91 1545 1645 93 1645 1900 95 1900 1945 94 1945 2000 93 2000 2030 90 2030 2100 89		1645 1900 -5 1900 1945 -4 1945 2000 -3 2000 2030 RT 2030 2100 +1		0845 0900 -12 0900 0915 -14 0915 0930 -11 0930 1445 -10 1445 1500 -12 1500 1515 -14 1515 1530 -2 1530 1545 -7 1545 1600 -15 1600 1615 -6 1615 1630 -3 1630 1645 -9 1645 1700 -5 1700 1715 -7 1715 1730 -11 1730 1745 -5 1745 1800 -9 1800 1815 -11 1815 1830 -8 1830 1845 -5 1845 1900 -6 1900 1930 -4 1930 1945 -6 1945 2000 -3 2000 2015 -1 2015 2030 RT 2030 2045 -4 2045 2100 -3 2100 COT -13
Finchley Road-West Hampstead	59	22 0615 0645 23 0645 0715 25	81 0615 0645 82 0645 0715 84	90	+9 0615 0645 +8 0645 0715 +6 0715 0845 +4 0845 0930 +5	Held to Time	Ex Stratford: -1 SOT 0615 -1 0615 0645 -2 0645 0700 -7 0700 0715 -4

							Because of late running, during peaks add 15 seconds to minimum layover
West Hampstead-Kilburn	88	23 1600 1700 25 1700 1900 27 1900 2045 25 2045 2115 24	111 1600 1700 113 1700 1900 115 1900 2045 113 2045 2115 112	105	-6 1600 1700 -8 1700 1900 -10 1900 2045 -8 2045 2115 -7	Held to Time	Ex Stratford: -7 SOT 0615 -7 0615 0645 -8 0645 0700 -13 0700 0715 -10 0715 0745 -12 0745 0800 -14 0800 0845 -12 0845 0900 -13 0900 0915 -15 0915 0930 -12 0930 1000 -8 1000 1445 -7 1445 1500 -9 1500 1515 -11 1515 1530 -6 1530 1545 -6 1545 1600 -13 1600 1615 -8 1615 1630 -8 1630 1645 -13 1645 1700 -9 1700 1715 -15 1715 1730 -19 1730 1745 -14 1745 1800 -18

							1800 1815 -20 1815 1830 -17 1830 1845 -14 1845 1900 -15 1900 1930 -9 1930 1945 -11 1945 2000 -8 2000 2015 -8 2015 2030 -8 2030 2045 -8 2045 2100 -7 2100 2115 -14 2115 2130 -13 2130 2330 -12 2330 COT -10
Kilburn- Willesden Green	103	24 1645 1800 26 1800 1900 28 1900 2015 26	127 1645 1800 129 1800 1900 131 1900 2015 129	135	+8 1645 1800 +6 1800 1900 +4 1900 2015 +6	Held to Time	Ex Stratford: +1 SOT 0615 +1 0615 0645 RT 0645 0700 -5 0700 0715 -2 0715 0745 -4 0745 0800 -6 0800 0845 -4 0845 0900 -5 0900 0915 -7 0915 0930 -4 0930 1000 RT 1000 1445 +1 1445 1500 -1 1500 1515 -3 1515 1545 +2 1545 1600 -5 1600 1630 RT 1630 1645 -5

							1645 1700 -3 1700 1715 -9 1715 1730 -13 1730 1745 -8 1745 1800 -12 1800 1815 -16 1815 1830 -13 1830 1845 -10 1845 1900 -11 1900 1930 -3 1930 1945 -5 1945 2015 -2 2015 2045 RT 2045 2100 +1 2100 2115 -6 2115 2130 -5 2130 2330 -4 2330 COT -2 Because of late running, during peaks add 15 seconds to minimum layover
Willesden Green-Dollis Hill	90	21	111	105	-6	Held to Time	Ex Stratford: -6 SOT 0615 -6 0615 0645 -6 0645 0700 -11 0700 0715 -8 0715 0745 -10 0745 0800 -12 0800 0845 -10

							0845 0900 -11 0900 0915 -13 0915 0930 -10 0930 1445 -6 1445 1500 -7 1500 1515 -9 1515 1545 -6 1545 1600 -11 1600 1630 -6 1630 1645 -11 1645 1700 -9 1700 1715 -15 1715 1730 -19 1730 1745 -14 1745 1800 -18 1800 1815 -22 1815 1830 -19 1830 1845 -16 1845 1900 -17 1900 1930 -9 1930 1945 -11 1945 2015 -8 2015 2100 -6 2100 2115 -12 2115 2130 -11 2130 2330 -10 2330 COT -8
Dollis Hill-Neasden	73	21 1730 1900 24	94 1730 1900 97	90 1700 1900 105	-4 1700 1730+11 1730 1900 +8	Held to Time	Ex Stratford: -10 SOT 0645 -10 0645 0700 -15 0700 0715 -12 0715 0745 -14 0745 0800 -16 0800 0845 -14

							0845 0900 -15 0900 0915 -17 0915 0930 -14 0930 1445 -10 1445 1500 -11 1500 1515 -13 1515 1545 -10 1545 1600 -15 1600 1630 -10 1630 1645 -15 1645 1700 -13 1700 1715 -4 1715 1730 -8 1730 1745 -6 1745 1800 -10 1800 1815 -14 1815 1830 -11 1830 1845 -8 1845 1900 -9 1900 1930 -13 1930 1945 -15 1945 2015 -12 2015 2100 -10 2100 2115 -12 2115 2130 -11 2130 2330 -10 2330 COT -8
Neasden- Wembley Park	137	30	167	180	+13	Held to Time	Ex Stratford: +3 SOT 0645 +3 0645 0700 -2 0700 0715 +1 0715 0745 -1 0745 0800 -3 0800 0845 -1

							0845 0900 -2 0900 0915 -4 0915 0930 -1 0930 1445 +3 1445 1500 +2 1500 1515 RT 1515 1545 +3 1545 1600 -2 1600 1630 +3 1630 1645 -2 1645 1700 RT 1700 1715 +9 1715 1730 +5 1730 1745 +7 1745 1800 +3 1800 1815 -1 1815 1830 +2 1830 1845 +5 1845 1900 +4 1900 1930 RT 1930 1945 -2 1945 2015 +1 2015 2100 +3 2100 2115 +1 2115 2130 +2 2130 2330 +3 2330 COT +5 An 'a' stand (30") to be added to all trains to allow for crew relief. All trains depart on
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							time. When the service frequency exceeds 24 trains per hour then there should be no crew reliefs.
Wembley Park-Kingsbury	196	20	216	210	-6	Held to Time	Ex Wembley: -6
Kingsbury-Queensbury	96	20	116	120	+4	Held to Time	Ex Wembley: -2
Queensbury-Canons Park	115	20	135	135	RT	Held to Time	Ex Wembley: -2
Canons Park-Stanmore	110		110	120	+10	Terminus	Ex Wembley: +8